

ABOUT COBAR NSW



ABOUT TARGETED RECRUITMENT

The Remote Vocational Training Scheme (RVTS) has expanded its traditional workforce retention and training model by recruiting doctors to targeted remote communities with high medical workforce need.

The aim is to enhance the attractiveness of rural and remote posts to high quality applicants to provide communities with a well-supported and sustainable GP workforce.

The initial pilot of the program in 2018-19 has successfully secured the services of six full-time doctors to six rural and remote communities across Australia.

The training is fully funded by the Australian Government and is a four-year GP training program delivered by Distance Education and Remote Supervision to Fellowship of the ACRRM and/or RACGP.



Location



Cobar is located in the centre of NSW at the crossroads of the Barrier Highway and the Kidman Way. The town is 712km north west of Sydney. Cobar has excellent road, rail and air links to most of Australia's capital cities. It is located in Cobar Shire. For more information, go to www.cobar.nsw.gov.au.



Attractions



Visitors to Cobar marvel at the open cut mines, museums and colonial buildings that dot the main street. Mining of copper, lead, zinc and gold drive the local economy but it is the wide range of attractions and activities that make Cobar a fascinating place to not only live but to visit. Aboriginal rock art at Mt Grenfell is a must see.



Housing



The median price for houses is \$198,349 and the median price for units is \$360,960. House prices in Cobar have grown by 14.64 per cent in the past three years and 15.87 per cent last year. The average house in Cobar is rented for \$265. *Source: homesales.com.au, April, 2019.*



Education



Cobar Public School caters for children from kindergarten to Year 6. St John's Primary School offers a Catholic education. Euabalong West Public School is a well-equipped small primary school. Students can then move on to Cobar High School to complete their high school education.

ABOUT

COBAR PRIMARY HEALTH CARE SERVICE



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Contact: Peter Spence
NSW Outback Division of General Practice
0457 941 188
outbackdivision.org.au//site/home-cobar

Cobar Primary Health Care Centre is a modern and well-equipped accredited general practice running under the banner of the NSW Outback Division of General Practice. The centre provides an interpreter if required and an indigenous representative can also be arranged for consultations if needed. The Cobar Primary Health Care Centre doctors pride themselves on their chronic disease management treatment plans. The doctors and nurses tackle chronic disease management for conditions such as asthma, cancer, cardiovascular disease, stroke, diabetes, muscular skeletal conditions and mental health and identify goals, treatment and management plans. Doctors at the centre have adopted the 2000-day model of pregnancy and birth care, which supports women from preconception, through the antenatal period and into birthing,

six weeks post-partum and the first 2000 days of life. Cobar's Aboriginal and Torres Strait Islander population is 11.8 per cent. Care that is "holistic" in terms of addressing the woman's social, emotional, physical, psychological and cultural needs and expectations.

The modern practice is supported by state of the art telehealth and remote training facilities. The practice provides telehealth consultations with a number of specialist clinicians including psychiatrist, psychologist, rheumatologist, endocrinologist and geriatrician.

Centre staff work closely with the local council and mining industry to provide rent-free accommodation for GPs and their family along with subsidised air travel.

FAST FACTS



Referring hospitals

- Dubbo Base Hospital 300km
- Work started in 2018 on Cobar's new hospital, with the turning of the first sod on the site. The service is expected to be completed in early 2020.



Services

- Preventative health
- Indigenous health
- Skin checks and removal of minor lesions
- Travel vaccinations and travel medicine
- ECGs, audiometry and spirometry
- Treatment of fractures and plastering



Visiting specialists

- Podiatrist
- Dietician
- Aboriginal health worker
- Cardiologist
- Gynaecologist/obstetrician
- Physiotherapist
- Osteopath
- Naturopath
- Social and community co-ordinator



PO Box 37
Albury



(02) 6057 3400



info@rvts.org.au
rvts.org.au

